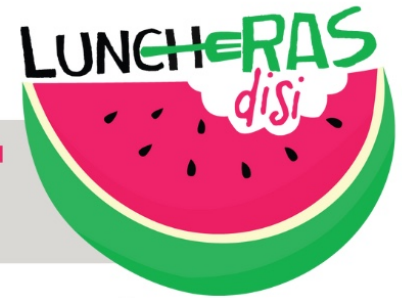


Fall/Winter BREAKFAST (PreK 3/4 -8th)
 I Dream PCS - Pre K to 5 - BREAKFAST
 HHFKA K-5 (age 5-10)



Milk, grain, fruit, meat or meat alternative

BREAKFAST



**Menu subject to change. For any questions or comments
 please contact us directly at menu@luncherasdisi.com**



Monday	Tuesday	Wednesday	Thursday	Friday
<p>02/03/2025</p> <p>Cereal Cheerios Multigrain (V/VG) Yoplait Yogurt Fresh Apples Choice of Milk</p>	<p>02/04/2025</p> <p>Apple Caramel WW Bread Pudding (V) Fruit Punch Juice Choice of Milk</p>	<p>02/05/2025</p> <p>WG Biscuit w/ Cheesy Scramble Eggs (V) Bananas Choice of Milk</p>	<p>02/06/2025</p> <p>WG Choc. Chip Pancakes(V) Syrup Maple (ss) Fresh Oranges Choice of Milk</p>	<p>02/07/2025</p> <p>WW Sweet Potato Muffin(V) Fresh Pears Choice of Milk</p>
<p>02/10/2025</p> <p>Cinnamon Soft Round Granola Bar (V) Fruit Punch Juice Choice of Milk</p>	<p>02/11/2025</p> <p>WG Froot Loops Waffles(V) Syrup Maple (ss) Fresh Tangerines Choice of Milk</p>	<p>02/12/2025</p> <p>WG English Muffin w/ Egg Patty & Cheese (V) Fresh Pears Choice of Milk</p>	<p>02/13/2025</p> <p>WG Cinnamon Roll (V) Fresh Apples Choice of Milk</p>	<p>02/14/2025</p> <p>NO SCHOOL TODAY</p>
<p>02/17/2025</p> <p>NO SCHOOL TODAY</p>	<p>02/18/2025</p> <p>Yoplait Yogurt & Granola (V) Fresh Apples Choice of Milk</p>	<p>02/19/2025</p> <p>WG Biscuit & TK. Patty Sandwich WG Biscuit & Veggie Patty Sandwich (V) Bananas Choice of Milk</p>	<p>02/20/2025</p> <p>Homemade WW Sweet Potatoes Waffles (V/VG) Syrup Maple (ss) Fresh Pears Choice of Milk</p>	<p>02/21/2025</p> <p>Chocolate Chip Oatmeal Muffin (V) Cranberry Juice Choice of Milk</p>
<p>02/24/2025</p> <p>WG Pancakes & Turkey Sausage on a Stick** Veggie Patty & WG Pancakes (V) Maple Syrup (ss) Fresh Apples Choice of Milk</p>	<p>02/25/2025</p> <p>Pumpkin- Carrot WW Breakfast Loaf (V) Fresh Pears Choice of Milk</p>	<p>02/26/2025</p> <p>WG Bagel (V/VG) w/ Cream Cheese & Jelly Fruit Punch Juice Choice of Milk</p>	<p>02/27/2025</p> <p>WW Waffle & Ck. Patty Waffle & Veggie Patty (V) Honey (SS) Fresh Tangerines Choice of Milk</p>	<p>02/28/2025</p> <p>Breakfast Pizza w/ Hash Brown Crust & Roll Vegan Breakfast Pizza w/ Hash Brown Crust & Roll Bananas Choice of Milk</p>

Fall/ Winter - LUNCH (PreK to 8th Gr.)
 I Dream PCS - PreK- K to 5 - LUNCH
 HHFKA K-5 (age 5-10)



Milk, grain, fruit, vegetables,
 meat or meat alternative

LUNCH



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Monday	Tuesday	Wednesday	Thursday	Friday
<p>02/03/2025</p> <p>Spanish B. Rice w/Chicken Kidney Beans & Tomato B.Rice w/Chicken Meatless Kidney Bean & Tomato V/VG Fresh Tangerines Choice of Milk</p>	<p>02/04/2025</p> <p>BYO Turkey Nachos w/ Corn Tortilla Chips BYO Meatless Nachos Corn Pico de Gallo Sour Cream (ss) Fresh Oranges Choice of Milk</p>	<p>02/05/2025</p> <p>Jerk Chicken & Brown Rice Jerk Chicken Meatless & Brown Rice (V/VG) Sautøed Collards Green Grape Juice Choice of Milk</p>	<p>02/06/2025</p> <p>Chipotle BBQ Pulled Chicken WG Slider Chipotle BBQ Meatless WG Slider (V/VG) Sweet Creamy Coleslaw Apples Choice of Milk</p>	<p>02/07/2025</p> <p>WG Spaghetti & Turkey Meat Sauce Spaghetti & Plant Based Meat Sauce (V/VG) Bananas Choice of Milk</p>
<p>02/10/2025</p> <p>Golden Crispy Chicken Tenders WG Roll Breaded Veggie Tender w/ WG Roll (V/VG) Roasted Sweet Potatoes Ketchup (ss) Fresh Pears Choice of Milk</p>	<p>02/11/2025</p> <p>Turkey Meatballs w/ Brown Rice & Bk. Beans Veggie Meatballs w/ Brown Rice & Beans (V/VG) Apples Choice of Milk</p>	<p>02/12/2025</p> <p>Turkey Sloppy Joe on a WG Bun Veggie Sloppy Joe on a WG Bun (V/VG) Kale Salad w/ Cucumber & Tomatoes (V/VG) Bananas Choice of Milk</p>	<p>02/13/2025</p> <p>Cheese Lunch Pizza w/ Chicken & Beef Pepperoni Cheese Lunch Pizza (V) Roasted Potatoes & Cauliflower Medley Cranberry Juice Choice of Milk</p>	<p>02/14/2025</p> <p>NO SCHOOL TODAY</p>
<p>02/17/2025</p> <p>NO SCHOOL TODAY</p>	<p>02/18/2025</p> <p>Orange Chicken Orange Meatless Chicken Fried Brown Rice w/ Corn, Peas & Carrots Fruit Punch Juice Choice of Milk</p>	<p>02/19/2025</p> <p>WG Chicken & Cheese Burrito Veggie WG Burrito (V/VG) Roasted Sweet Potato & Cauliflower Medley Apples Choice of Milk</p>	<p>02/20/2025</p> <p>Chili Turkey Hot Dog** on a WG Bun Chili Veggie Hot Dog (VG) WW Grilled Cheese Sand.* Ketchup (ss) Fresh Tangerines Choice of Milk</p>	<p>02/21/2025</p> <p>Breaded Chicken Nuggets Veggie Nuggets w/ WG Roll (V/VG) Collards Green & Tomato Salad BBQ Sauce (ss) Bananas Choice of Milk</p>
<p>02/24/2025</p> <p>Chicken Stroganoff Pasta w/Pepper,Carrot & Zuchin. Veggie Stroganoff Pasta-V Orange Pineapple Juice Choice of Milk</p>	<p>02/25/2025</p> <p>Chicken & Vegetable WW Dumplings Grilled Chicken Meatless over Brown Rice (V/VG) Soy Sauce Light (ss) Roasted Sweet Potatoes & Green Beans Bananas Choice of Milk</p>	<p>02/26/2025</p> <p>WG Italian Sub w/ T. Ham T. Salami & T. Pepperoni WG Sub w/Plant Based Ham & Bacon (V) Roasted Broccoli Ranch Dressing (ss) Apples Choice of Milk</p>	<p>02/27/2025</p> <p>Turkey Shepherd's Pie w/ Mashed Potato & Carrot Meatless Shepherd's Pie-V Steamed Brown Rice Fresh Pears Choice of Milk</p>	<p>02/28/2025</p> <p>Crispy Chicken Burger Chicken Meatless Burger (V/VG) Kale & Mixed Beans Salad Ketchup (ss) Fresh Oranges Choice of Milk</p>